



Annual Report 2013 – 2014

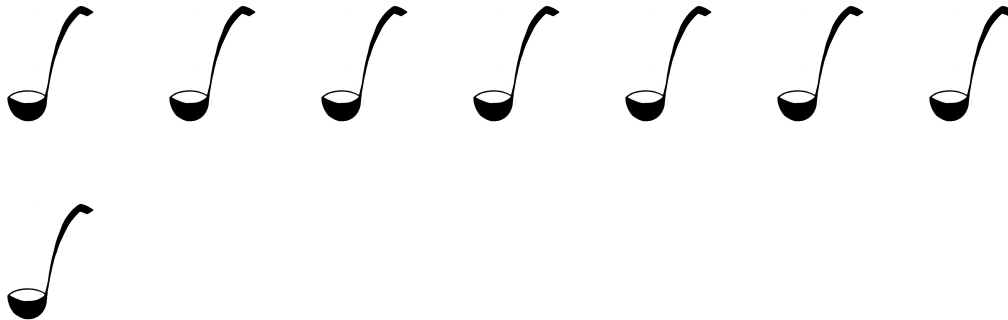
The Loaded Ladle is a non-profit, open cooperative of students and community members dedicated to providing affordable, diverse, fresh, and healthy food to as many people as possible. We aim to tackle the unjust global food system by providing a local alternative. The Loaded Ladle gives students the option to determine what food they eat and how it is produced through participation in our non-hierarchical and consensus-based decision making process. Our core purposes are:

- Creating more options for students by providing an ethical food service as an alternative to the corporate market-based food system on campus.
- Making an inclusive, public forum available for all students to join and participate in through our commitment to a consensus-based and non-oppressive democratic structure.
- Educating the public about food politics on campus and in our community, as well as the broader social and environmental justice issues which surround the production and distribution of food globally.
- Using food to build a greater sense of community by bringing students together and creating relationships with local food producers

Structure:

Board of Directors: Emma Brooks, Owen Brush, Jeighk Jorgenson, Kristin Ko, Aaron Levitt, Barrett Mason, Julien Wallot-Beale, Jennifer Yakamovich

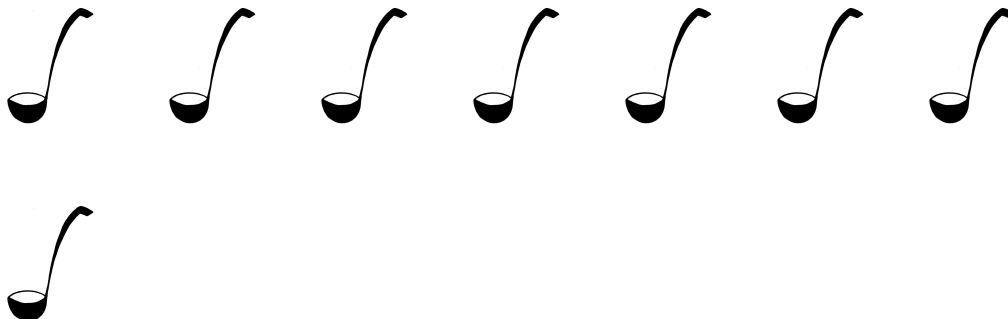
Staff: Andrew Childerhose, George Dalli, Nicole Marcoux, Joan Moses



Weekly Servings:

SUB: We serve hot meals for free or by donations on Tuesdays, Wednesdays, and Thursdays. This year, we averaged 215 plates and 30 tupperware containers per serving. That equals 15,925 meals to Dalhousie and Kings students, staff, and Halifax community members.

Sexton: 2013/2014 marked our first year serving meals on Sexton campus. We tabled in the Alumni Lounge every Wednesday, giving out burritos and Ladle goodies. On average, we gave out 60 burritos per week, totaling 1,680 free lunches to the good folks on Sexton campus!



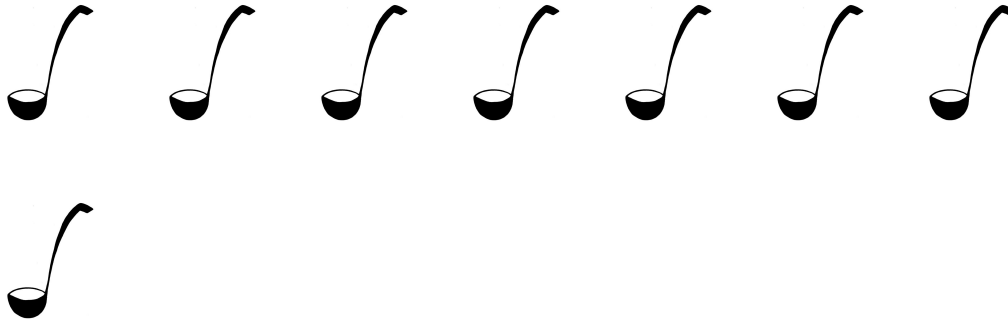
Solidarity Servings:

We collaborate with Dalhousie societies, political groups, and like-minded projects and folks in greater Halifax, providing what we can, from meals, kitchen space, monetary donations, and volunteers.

Dalhousie: O-Week Field Party, Rad Frosh Vegan Potluck, SALSA Ideal Law, Student Action Day Camp, CKDU Homelessness Marathon, NSPIRG AGM and Community Consultation, South

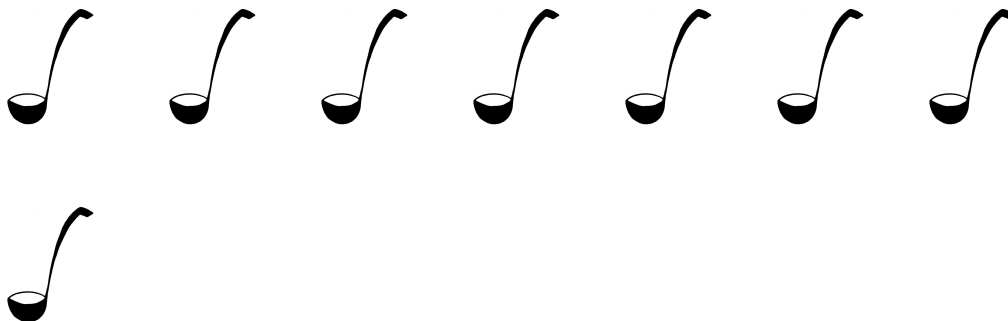
House AGM, Justice for Deepan, Indigenous Feminisms, De-Mystifying Divestment, Platypus Film Series, Dalhousie Urban Garden Society work party

Community: Halifax Tool Library, NS Rainbow Action Project (NSRAP) Consultation, Power Shift Atlantic, Loretta Saunders family support, Food Not Bombs, Out of the Cold Emergency Shelter



Projects, Presentations, and Events:

Volunteer zine, Atlantic Youth Environmental Council presentation, Dal Free School presentation, Non-Violent Communication workshop, Anti-PINK/Victoria's Secret agitation (leading to their removal from the SUB), Donations to Common Roots Urban Farm, South House Pro-Choice Campaign, Indigenous Feminisms Workshop



Funding:

The Loaded Ladle is funded by a levy of \$3 per semester from each full-time Dalhousie student (Halifax campuses).

This year, we employed 4 part-time paid members, which allowed us to expand our servings from 2 to 3 servings per week, and substantially increase our portions sizes and meal variety.

Our seasonal produce and tofu is sourced from farmers at the Brewery Farmers' Market, including Hutten Farms, Four Seasons Farms, and Acadiana Soy. Our grains, beans, and seeds

come from New Brunswick-based bulk foods provider, Speerville Flour Mill.