



## About the Loaded Ladle Board

2018 AGM

Thursday, April 5; 4:00-5:30pm  
Room 307. Dalhousie SUB

### What would I do as a Board Member?

Generally, these are **some core activities** you might be doing as a board member:

- Helping out in the kitchen
- Helping plan activities outside the kitchen: workshops, film screenings, gardening, etc
- Helping make decisions for the current school year
- Helping to envision the future of the Ladle
- Being an ambassador for the Ladle on campus
- Being the employer of Loaded Ladle staff

**And what else**, you ask? A couple other things you might do include (but are definitely not limited to):

- Helping facilitate volunteer coordination/partner with groups in the community
- Silk screening, poster making, painting, button-making, etc!
- Running a workshop or help facilitate a workshop
- Updating our website and/or social media
- Helping to update policies and structure of how things run
- Political engagement and participation on behalf of the Ladle!
- Creating a new project or aspect of the Ladle that you are passionate about!

### How do we operate?

The Loaded Ladle is a collective made up of the Board, Staff, and Volunteers.

- We meet weekly at OPEN MEETINGS to discuss day-to-day activities and operations. Usually all staff and any board/volunteers who are available are encouraged come to these meetings.
- We have monthly GENERAL MEETINGS with all Board, Staff, and any volunteers who would like to attend. These monthly general meetings are *\*required\** for all board members and staff, and is where major decisions about the Ladle get made.

Those who get the most from the Board experience are also involved in the kitchen, interacting with volunteers and in the programming and educational activities of the ladle. Board members are also expected to take an active role promoting the Loaded Ladle through class talks, tabling, etc.

### What if I have no experience being on a board?

Fear not! We are all learning, and we value all skills you may have. Whether you enjoy working as part of a group, want to help plan culturally appropriate meals for the Ladle, want to learn how to facilitate a meeting, or want to partner with a group on campus for a solidarity serving, the Ladle board is a great place to learn and share skills and make new friends.